SHANTI MAURICE SAMPLE WEEKLY GROUP ACTIVITIES

MONDAY

08:15	**Hatha Yoga**	Pre Booking
10:00	**Stand Up Paddle Yoga Initiation**	Pre Booking
10:30	**Fish Feeding Ritual**	Front Office
11:00	**Vinyasa Yoga**	Pre Booking
11:30	**Aqua Gym**	Pre Booking
15:00	**Guided Meditation**	Pre Booking
15:30	**Tidal Ball "Beach Games"**	Pre Booking
16:30	**Rum Initiation**	Sands Beach Bar
17:00	**Outdoor Workout**	Pre Booking

TUESDAY

08:15	**Hatha Yoga**	Pre Booking
10:00	**Ga-Ga Ball**	Next to Gym
10:30	**Live Wood Sculpting with PEM (Special Recommendation)**	Courtyard
10:30	**Fish Feeding Ritual**	Front Office
11:00	**Vinyasa Yoga**	Pre Booking
11:30	**Archery (Special Recommendation)**	Next to Rumshed
15:00	**Breathing Practice**	Pre Booking
15:30	**Baggo Cornhole "Beach Games"**	Pre Booking
16:30	**Rum Initiation**	Sands Beach Bar

WEDNESDAY

08:15	**Hatha Yoga**	Pre Booking
10:30	**Fish Feeding Ritual**	Front Office
11:00	**Vinyasa Yoga | Aqua Gym**	Pre Booking
15:00	**Meditation**	Pre Booking
15:30	**Frisbee and Stone Skimming "Beach Games"**	Pre Booking
16:30	**Rum Initiation**	Sands Beach Bar

THURSDAY

08:15	**Hatha Yoga**	Pre Booking
10:30	**Fish Feeding Ritual**	Front Office
11:00	**Vinyasa Yoga**	Pre Booking
11:30	**Archery (Special Recommendation)**	Next to Rumshed
15:00	**Meditation**	Pre Booking
15:30	**Bottle Bash "Beach Games"**	Pre Booking
16:30	**Rum Initiation**	Sands Beach Bar
21:00	**Star Gazing "Shanti Sky Lounge" (Special Recommendation)**	Beach

FRIDAY

08:15	**Hatha Yoga**	Pre Booking
10:30	**Fish Feeding Ritual**	Front Office
11:00	**Vinyasa Yoga**	Pre Booking
11:30	**Archery (Special Recommendation)**	Next to Rumshed
15:00	**Meditation**	Pre Booking
15:30	**Mini Golf "Beach Games"**	Pre Booking
16:30	**Rum Initiation**	Sands Beach Bar
17:00	**Outdoor Power Walk**	Pre Booking

OPEN AIR CINEMA HIGHLIGHTS

MONDAY	19:00 – 20:30 (KIDS MOVIE)	THE CROODS
	20:30 – 22:30(ADULT MOVIE)	**RESORT TO LOVE**
WEDNESDAY	19:00 – 20:30 (KIDS MOVIE)	TARZAN AND JANE
	20:30 – 22:30 (ADULT MOVIE)	**GODZILLA**
FRIDAY	19:00 – 20:30 (KIDS MOVIE)	MINIONS
	20:30 – 22:30 (ADULT MOVIE)	**FOCUS**
SATURDAY	19:00 – 20:30 (KIDS MOVIE)	TROLLS HOLIDAY
	20:30 – 22:30 (ADULT MOVIE)	**I, FRANKENSTEIN**

* In case of bad weather conditions, kids movie will move to Kids Club and adult movie will be cancelled.

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00	Spa | Main Pool | Kids Club
10:00 - 12:30	Villa 201 - 207
13:00 - 16:00	Villa 208 - 218

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00	Surrounding Estate Garden
10:00 - 11:30	Villa 207 - 218
12:30 - 16:00	
10:00 - 11:30	Villa 201 – 205
12:30 - 16:00	

For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30	Suites 101 – 124
12:30 - 16:00	Suites 128 – 142
08:00 -11:30	**DAILY BEACH MAINTENANCE**

FOGGING EXERCISE:

17:00 - 18:00	Daily

Changes due to weather possible with short term notice

SATURDAY

08:15	**Hatha Yoga**	Pre Booking
10:30	**Fish Feeding Ritual**	Front Office
11:00	**Vinyasa Yoga**	Pre Booking
11:30	**Archery (Special Recommendation)**	Next to Rumshed
15:00	**Breathing Practice**	Pre Booking
15:30	**Tidal Ball " Beach Games"**	Pre Booking
16:30	**Rum Initiation**	Sands Beach Bar
17:00	**Outdoor Mat Pilates**	Pre Booking
17:00	**Sunset Spa Party | MUR 3,200 pp**	Pre Booking

SUNDAY

08:15	**Hatha yoga**	Pre Booking
10:30	**Fish Feeding Ritual**	Front Office
11:00	**Vinyasa Yoga |Aqua Gym**	Pre Booking
15:00	**Meditation**	Pre Booking
15:30	**Coconut Bowling " Beach Games "**	Pre Booking
16:30	**Rum Initiation**	Sands Beach Bar

SPORTS CORNER AND LIVE SPORTS AT RED GINGER BAR

Monday	**Super Bowl – Rams v/s Bengals | As from 02:15 am**	beIN SPORTS 1
Daily	**Olympic Winter Games at Red Ginger Bar**	
Saturday	West Ham United v/s New Castle | 16:30	SS Premier League
Saturday	**Liverpool v/s Norwich City | 19:00 at Red Ginger Bar**	SS Premier League
Saturday	**Manchester City v/s Tottenham Hotspur | 21:30 at Red Ginger Bar**	SS Premier League
Sunday	**Leeds United v/s Manchester United | 18:00 at Red Ginger Bar**	SS Premier League
Sunday	Wolverhampton Wanderers v/s Leicester City | 20:30	SS Premier League

SPECIAL RECOMMENDATIONS

DIVING EXPERIENCES AT ITS BEST
Offering courses starting from intro level 7-9 years up to dive master for an unforgettable adventure.

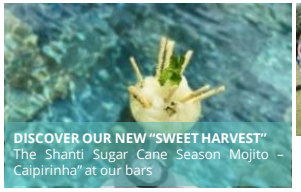
GLASS BOTTOM
1 complimentary boat trip available daily at 11h30 on first come first serve. Time may change depending on tides.
Maximum 5 adults. Kindly visit our boat house for more information and booking.

EARLY BIRD OFFER – 10% | SHANTI SPA
Experience a total immersion in discovering a well-being oriented lifestyle and a holistic therapy approach. Enjoy 10% discount for any 60-minute massage booked from 10:00 to 14:00 at the Shanti Spa.

WOOD SCULPTURE WITH PEM
Tuesday next to Courtyard

STARGAZING "SHANTI SKY LOUNGE"
Thursday on the beach (Depending on Weather Conditions)

Right by our holistic Shanti Spa, unwind over healthy food, great music & 5 spa treatments of your choice, with our **"Sunset Spa Party"** on the 19th February



DISCOVER OUR NEW "SWEET HARVEST"
The Shanti Sugar Cane Season Mojito – Caipirinha" at our bars

"BAGGO" CORNHOLE GAME
Kids Club and Gym or Beach
GA-GA BALL: Next to the Gym

SHANTI ETHOS

SHANTI MAURICE SAMPLE WEEKLY GROUP ACTIVITIES

MONDAY

12:30 – 13:30	BEACH	FISH MARKET
12:30 – 14:30	STARS	A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
12:30 – 14:30	ASIAN LOUNGE	A LA CARTE - FINE SUSHI & ASIAN DELICACIES (AT STARS)
12:30 – 14:30	INDIAN DELIGHTS	A LA CARTE (AT STARS)
16:30 – 17:00	SANDS BEACH BAR	RUM INITIATION
17:30 – 22:30	SANDS BEACH BAR	SUNSET DRINKS BAR - APERITIF | SUNSET SOMMELIER | DIGESTIVE | LIVE GUITAR
18:30 – 22:00	STARS	A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
18:30 – 22:00	ASIAN LOUNGE	A LA CARTE - FINE SUSHI & ASIAN DELICACIES (AT STARS)
18:30 – 22:00	INDIAN DELIGHTS	A LA CARTE (AT STARS)
18:30 – 22:00	JUST THAI	A LA CARTE - THAI SPECIALITIES (AT STARS)
18:30 – 22:00	FEET IN THE SAND	BEACH BARBECUE GRILL
18:30 – 22:00	BEACH	VALENTINE'S MENU | LIVE GUITAR (PRE BOOKING REQUIRED)
18:30 – 22:00	RUM SHED	A LA CARTE

TUESDAY

12:30 – 13:30	BEACH	FISH MARKET
12:30 – 14:30	STARS	A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
12:30 – 14:30	ASIAN LOUNGE	A LA CARTE - FINE SUSHI & ASIAN DELICACIES (AT STARS)
12:30 – 14:30	INDIAN DELIGHTS	A LA CARTE (AT STARS)
16:30 – 17:00	SANDS BEACH BAR	RUM INITIATION
17:30 – 22:30	SANDS BEACH BAR	SUNSET DRINKS BAR - APERITIF | SUNSET SOMMELIER | DIGESTIVE | LIVE SAXOPHONIST
18:30 – 22:00	STARS	CHEF'S 4-COURSE SET MENU | A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
18:30 – 22:00	ASIAN LOUNGE	A LA CARTE - FINE SUSHI & ASIAN DELICACIES (AT STARS)
18:30 – 22:00	INDIAN DELIGHTS	A LA CARTE (AT STARS)
18:30 – 22:00	JUST THAI	A LA CARTE - THAI SPECIALITIES (AT STARS)
18:30 – 22:00	FEET IN THE SAND	BEACH BARBECUE GRILL
19:00 – 21:30	LA KAZE MAMA	"MAURITIAN CREOLE NIGHT BUFFET | TODAYS SPECIALS' GAJACK BITES" | LIVE SAXOPHONIST

WEDNESDAY

12:30 – 13:30	BEACH	FISH MARKET
12:30 – 14:30	STARS	A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
12:30 – 14:30	INDIAN DELIGHTS	A LA CARTE (AT STARS)
16:30 – 17:00	SANDS BEACH BAR	RUM INITIATION
17:30 – 22:30	SANDS BEACH BAR	SUNSET DRINKS BAR - APERITIF | SUNSET SOMMELIER | DIGESTIVE | LIVE GUITAR
18:30 – 22:00	STARS	CHEF'S 4-COURSE SET MENU | A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
18:30 – 22:00	INDIAN DELIGHTS	A LA CARTE (AT STARS)
18:30 – 22:00	JUST THAI	A LA CARTE - THAI SPECIALITIES (AT STARS)
18:30 – 22:00	RUM SHED	A LA CARTE | LIVE GUITAR
18:30 – 22:00	FEET IN THE SAND	BEACH BARBECUE GRILL
19:00 - 21:30	LA KAZE MAMA	"MAURITIAN CREOLE NIGHT BUFFET | TODAYS SPECIALS' STREET SNACKS"

THURSDAY

12:30 – 13:30	BEACH	FISH MARKET
12:30 – 14:30	STARS	A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
12:30 – 14:30	ASIAN LOUNGE	A LA CARTE - FINE SUSHI & ASIAN DELICACIES (AT STARS)
16:30 – 17:00	SANDS BEACH BAR	RUM INITIATION
17:30 – 22:30	SANDS BEACH BAR	SUNSET DRINKS BAR - APERITIF | SUNSET SOMMELIER | DIGESTIVE | LIVE GUITAR
18:30 – 22:00	STARS	CHEF'S 4-COURSE SET MENU | A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
18:30 – 22:00	ASIAN LOUNGE	A LA CARTE - FINE SUSHI & ASIAN DELICACIES (AT STARS)
18:30 – 22:00	JUST THAI	A LA CARTE - THAI SPECIALITIES (AT STARS)
18:30 – 22:00	FEET IN THE SAND	BEACH BARBECUE GRILL
19:00 – 21:30	LA KAZE MAMA	"MAURITIAN CREOLE NIGHT BUFFET | TODAYS SPECIALS' GRAND MOTHER SPECIALS" | LIVE GUITAR

FRIDAY

12:30 – 13:30	BEACH	FISH MARKET
12:30 – 14:30	STARS	A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
12:30 – 14:30	ASIAN LOUNGE	A LA CARTE - FINE SUSHI & ASIAN DELICACIES (AT STARS)
12:30 – 14:30	INDIAN DELIGHTS	A LA CARTE (AT STARS)
16:30 – 17:00	SANDS BEACH BAR	RUM INITIATION
17:30 – 22:30	SANDS BEACH BAR	SUNSET DRINKS BAR - APERITIF | SUNSET SOMMELIER | DIGESTIVE | LIVE SAXOPHONIST
18:30 – 22:00	STARS	CHEF'S 4-COURSE SET MENU | A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
18:30 – 22:00	ASIAN LOUNGE	A LA CARTE - FINE SUSHI & ASIAN DELICACIES (AT STARS)
18:30 – 22:00	INDIAN DELIGHTS	A LA CARTE (AT STARS)
18:30 – 22:00	RUM SHED	A LA CARTE | LIVE GUITAR
19:00 – 22:00	LA KAZE MAMA	"MAURITIAN CREOLE NIGHT BUFFET | TODAYS SPECIALS' FARATHA NIGHT " | LIVE SAXOPHONIST

SATURDAY

12:30 – 13:30	BEACH	FISH MARKET
12:30 – 14:30	STARS	A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
12:30 – 14:30	ASIAN LOUNGE	A LA CARTE - FINE SUSHI & ASIAN DELICACIES (AT STARS)
12:30 – 14:30	INDIAN DELIGHTS	A LA CARTE (AT STARS)
16:30 – 17:00	SANDS BEACH BAR	RUM INITIATION
17:30 – 22:30	SANDS BEACH BAR	SUNSET DRINKS BAR - APERITIF | SUNSET SOMMELIER | DIGESTIVE | LIVE SAXOPHONIST
18:30 – 22:00	STARS	CHEF'S 4-COURSE SET MENU | A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
18:30 – 22:00	ASIAN LOUNGE	A LA CARTE - FINE SUSHI & ASIAN DELICACIES (AT STARS)
18:30 – 22:00	INDIAN DELIGHTS	A LA CARTE (AT STARS)
18:30 – 22:00	JUST THAI	A LA CARTE - THAI SPECIALITIES (AT STARS)
18:30 – 22:00	FEET IN THE SAND	BEACH BARBECUE GRILL
18:30 – 22:00	RUM SHED	A LA CARTE | LIVE SAXOPHONIST

SUNDAY

12:30 – 13:30	BEACH	FISH MARKET
12:30 – 14:30	STARS	A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
12:30 – 14:30	ASIAN LOUNGE	A LA CARTE - FINE SUSHI & ASIAN DELICACIES (AT STARS)
12:30 – 14:30	INDIAN DELIGHTS	A LA CARTE (AT STARS)
16:30 – 17:00	SANDS BEACH BAR	RUM INITIATION
17:30 – 22:30	SANDS BEACH BAR	SUNSET DRINKS BAR - APERITIF | SUNSET SOMMELIER | DIGESTIVE
18:30 – 22:00	STARS	A LA CARTE | WELLNESS | INTERNATIONAL | VEGETARIAN | AQUACASIA
18:30 – 22:00	ASIAN LOUNGE	A LA CARTE - FINE SUSHI & ASIAN DELICACIES (AT STARS)
18:30 – 22:00	INDIAN DELIGHTS	A LA CARTE (AT STARS)
18:30 – 22:00	JUST THAI	A LA CARTE - THAI SPECIALITIES (AT STARS)
18:30 – 22:00	FEET IN THE SAND	BEACH BARBECUE GRILL
19:00 – 21:30	LA KAZE MAMA	"MAURITIAN CREOLE NIGHT BUFFET | TODAYS SPECIALS' GAJACK BITES"

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00	EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)
07:00 – 10:30	BUFFET BREAKFAST AT STARS RESTAURANT
07:00 – 18:00	LONGSLEEPER - ALL DAY BREAKFAST

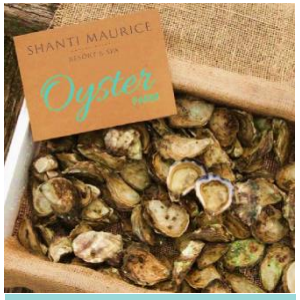
A VARIETY OF LUNCH A LA CARTE

12:30 – 14:30	STARS RESTAURANT | LUNCH A LA CARTE
12:30 – 14:30	ASIAN LOUNGE (EXCEPT WEDNESDAY)
12:30 – 14:30	FISH MARKET
12:30 – 17:30	BEACH & POOL LUNCH SNACK MENU
24 HOURS	IN-ROOM DINING (TRAY CHARGE APPLIES)

AFTERNOON TEA

15:30 – 17:00	HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)

SHANTI EXPERIENCES



EAT LOCAL AT ITS BEST - Your fresh oyster is only meters away in our lagoon from our mini cage oyster and can be handpicked as per your liking!

DINE OUT CREOLE -
CULINARY MELTING POT MAURITIAN EXPERIENCE

SANDS BEACH BAR -
THE SPOT FOR A SUNDOWNER

PRIVATE OPEN AIR CINEMA
Indulge in an immersive outdoor cinema experience with a mega screen (approx.3mx4m) & JBL surround sound system accompanied by a selection of snacks and a large variety of drinks for a timeless movie experience under the stars. (Pre-booking required and supplement applies)

How to book a table in our restaurants:

Our boutique restaurants and venues are very demanded and are available only upon reservation on first come and first serve basis within limited allotments.

Each reservation is processed only with a unique personal reservation code:

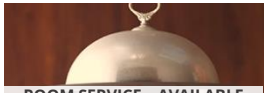
Please use comfortable our App – reservation code will be in the reply
Contact the reception and receive your personal reservation code as print out on the spot to be used in the restaurant for identification

The outlet opening may change depending on the weather situation with short term notice.

For the outdoor venues "Stars Feet in The Sand" and our famous "Lakaz Mama Garden Restaurant" further regulation apply and venues may close if no reservation is recorded before 4pm same day.

Bon Appetite !

STARS RESTAURANT – JUST THAI



ROOM SERVICE – AVAILABLE 24H

LA KAZE MAMA – AUTHENTIC CUISINE

RUM SHED BAR & GRILL

ASIAN LOUNGE – FINE SUSHI & ASIAN DELICACIES

INDIAN SPECIALITIES - AVAILABLE OUR INDIAN A LA CARTE MENU